

2016 - 2017 K-8 BREAKFAST & LUNCH MENU

BREAKFAST MENU

BREAKFAST OFFERED DAILY: Assorted Fruit, Assorted Juice, Choice of Milk



**EARLY
DISMISSAL MENU:
PB&J OR HOAGIE,
FRUIT, VEGGIE,
& MILK**

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Cini Mini Rolls Kellogg's® Jump Start Grab & Go Breakfast Kits 	<ul style="list-style-type: none"> Breakfast Bagel Kellogg's® Jump Start Grab & Go Breakfast Kits 	<ul style="list-style-type: none"> Breakfast Pizza Kellogg's® Jump Start Grab & Go Breakfast Kits 	<ul style="list-style-type: none"> Colby Cheese Omelet Kellogg's® Jump Start Grab & Go Breakfast Kits Sunshine Smoothie 	<ul style="list-style-type: none"> French Toast Stix Kellogg's® Jump Start Grab & Go Breakfast Kits
Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> Mini Cinnamon Cream Cheese Bagels Kellogg's® Jump Start Grab & Go Breakfast Kits 	<ul style="list-style-type: none"> Breakfast Burrito Kellogg's® Jump Start Grab & Go Breakfast Kits 	<ul style="list-style-type: none"> Breakfast Bacon Scramble Kellogg's® Jump Start Grab & Go Breakfast Kits 	<ul style="list-style-type: none"> Sausage & Cheese Biscuit Sandwich Kellogg's® Jump Start Grab & Go Breakfast Kits Sunshine Smoothie 	<ul style="list-style-type: none"> Lumberjack Kellogg's® Jump Start Grab & Go Breakfast Kits

WEEKLY LUNCH MENU

1 Week	Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> Bean, Cheese & Red Chili Burrito with Spanish Rice* Chef Choice Hot Vegetable Chef Salad with whole grain Zesta® Saltine 	<ul style="list-style-type: none"> Orange Chicken with Fried Rice & Keebler Graham* Steamed Broccoli Garbanzo Beans Vanilla Yogurt Bowl 	<ul style="list-style-type: none"> Nacho Grande* Chef Choice Hot Vegetable Refried Beans & Baby Carrots Chef Salad with WG Zesta® Saltine 	<ul style="list-style-type: none"> Southern Chicken with Stuffing & Gravy* Mashed Potato & Gravy Lima Beans Mandarin Orange Fruit Salad 	<ul style="list-style-type: none"> Sloppy Joe & Cheez-Its®* Baby Carrots Chef Salad with WG Zesta® Saltine
2 Week	Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> Sweet Potato Crusted Fish Filet Sandwich with Grippz® Snack Chopped Spinach Pasta Chopped Salad 	<ul style="list-style-type: none"> French Toast with Scrambled Eggs & Chicken Sausage* Chef Choice Hot Vegetable Tater Tots Garbanzo Beans Chef Salad with WG Zesta® Saltine 	<ul style="list-style-type: none"> Cheeseburger* Seasoned Fries Baby Carrots Vanilla Yogurt Bowl 	<ul style="list-style-type: none"> Chicken Popper Mashed Potato Bowl* Corn Chef Salad with WG Zesta® Saltine 	<ul style="list-style-type: none"> Meatball Sandwich with Tostitos Scoops* Baked Beans Crunchy Cheez-It® Taco Salad in an Edible Bowl
3 Week	Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> Southwest Cheese Quesadilla* Chef Choice Hot Vegetable Refried Beans & Fresh Broccoli Chicken Popper Salad with Roll 	<ul style="list-style-type: none"> Homestyle Meatloaf* Mashed Potatoes & Brown Gravy Chef Choice Hot Vegetable Edamame Chef Salad with WG Zesta® Saltine 	<ul style="list-style-type: none"> Mini Pasta Bar with Garlic Toast* Chopped Spinach Grape Tomatoes Mandarin Orange Fruit Salad 	<ul style="list-style-type: none"> Hot Turkey Biscuit* Peas Sidekicks Chef Salad with WG Zesta® Saltine 	<ul style="list-style-type: none"> Spicy Chicken Patty* Baked Beans Vanilla Yogurt Bowl
4 Week	Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> Mini Cheese Ravioli with Garlic Toast* Chopped Spinach Chef Salad with WG Zesta® Saltine 	<ul style="list-style-type: none"> Asian Chicken Bites with Fried Rice* Baby Carrots Garbanzo Beans Pasta Chopped Salad 	<ul style="list-style-type: none"> BBQ Rib Sandwich with Tostitos Scoops* Chef Choice Hot Vegetable Red/Orange Pepper Strips Chef Salad with WG Zesta® Saltine 	<ul style="list-style-type: none"> Turkey and Stuffing with Gravy* Mashed Potatoes Chef Choice Hot Vegetable Vanilla Yogurt Bowl 	<ul style="list-style-type: none"> Hot Dog Bar* Seasoned Fries Baked Beans Chef Salad with WG Zesta® Saltine
5 Week	Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> Nacho Fish Strips with Mac & Cheese* Steamed Broccoli Mandarin Orange Fruit Salad 	<ul style="list-style-type: none"> Soft Turkey Tacos* Cucumbers Chef Choice Hot Vegetable Garbanzo Beans Vanilla Yogurt Bowl 	<ul style="list-style-type: none"> Chilli Spaghetti Bowl with Cornbread* Red Pepper Strips Chef Choice Hot Vegetable Chef Salad with WG Zesta® Saltine 	<ul style="list-style-type: none"> Chicken & Waffles (Tenders and Eggo® Maple Waffles)* Seasoned Fries Chef Choice Hot Vegetable Pasta Chopped Salad 	<ul style="list-style-type: none"> Corn Dog with Assorted Kellogg's® Grab & Go Snacks* Baby Carrots / Baked Beans Crunchy Cheez-It® Taco Salads in an Edible Bowl
6 Week	Monday	Tuesday	Wednesday	Thursday	Friday
	<ul style="list-style-type: none"> Grilled Cheese & Tomato Soup* Chopped Spinach Chicken Popper Salad with Roll 	<ul style="list-style-type: none"> Chicken Enchiladas* Chef Choice Hot Vegetable Edamame Pasta Chopped Salad 	<ul style="list-style-type: none"> Mini Baked Potato Bar* Steamed Broccoli Tomato Juice Chef Salad with WG Zesta® Saltine 	<ul style="list-style-type: none"> Cheeseburger with Cheez-Its®* Seasoned Fries Baby Carrots Vanilla Yogurt Bowl 	<ul style="list-style-type: none"> Buffalo Chicken Wrap* Chef Choice Hot Vegetable Baked Beans Chef Salad with WG Zesta® Saltine

* Includes Salad & Yogurt Bowls

DAILY VEGETABLE SELECTIONS

Monday **DARK GREEN VEGETABLE**
 Tuesday **BEANS (LEGUMES)**
 Wednesday **RED/ORANGE VEGETABLES**
 Thursday **PEAS/CORN/POTATO (STARCHY)**
 Friday **BAKED BEANS (LEGUMES) & RED/ORANGE VEGETABLES**

Check out our Meatless Monday Options.
 Assorted fruits, vegetables & milk available daily.

WEEKLY ENTRÉES

Monday **BIG DADDY'S PIZZA**
 Tuesday **CORN DOG BITES**
 Wednesday **CHICKEN NUGGETS**
 Thursday **NACHO BITES WITH SALSA CUP**
 Friday **THREE CHEESE CALZONE**

Lunch Meal Calendar

- Week 1
- Week 2
- Week 3
- Week 4
- Week 5
- Week 6

August '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	September '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	October '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	November '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	December '16 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
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COMMUNITY ELIGIBILITY PROVISION

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We are pleased to inform you that our schools implemented a new provision available to schools participating in the National School Lunch and School Breakfast Programs called the Community Eligibility Provision (CEP).

What does this mean for you and your child(ren)?

All enrolled students in our school district, regardless of income level, are invited to receive a healthy school breakfast and school lunch at no charge each day. No further action is required of you. Your child(ren) will be able to participate in these meal programs without having to pay a fee or submit a meal application.

The CEP is a new alternative to the traditional meal application process with the United States Department of Agriculture (USDA) National School Breakfast and Lunch Programs. CEP alleviates the burden on families by eliminating household applications, while helping schools reduce costs associated with collecting and processing those applications.

For more information about CEP, please visit:
USDA.gov/school-meals/communityeligibility-provision



2016-2017 KANKAKEE SCHOOL DISTRICT K-8 BREAKFAST & LUNCH

MENU

Where
NUTRITION
comes **FIRST!**

Important Information:
KSD # 111 Food Service Department is Located At:
1501 E. Maple Ave.
Kankakee, IL 60901
Phone: 815-802-7770
Fax: 815-933-0697
Webpage: www.ksdfood.com

Foodservice Director: Beth Proctor
Dietary Manager: Jaime Demers
Financials/Reporting Secretary: Cheryl Chaney
Office Clerk: Carol Goodrich

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